



# WB YOG HMOOB

## XYAUM NYEEM 1

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**Chaw Tsim:** Brisbane AUSTRALIA 2016

## LUSCEV

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Tau ntau tiam neeg uas Hmoob tau kхиav tsov rog tsiv teb tsaws chaw tho toj lug dawm yam phomsij ua ntww zws yav Tuamtshoj los mus rau Xovtshoj thiab ho kхиav peem dhau tuaj rau Memkuj (Asmelikas), Ntujtiagliasyajtshoj (Australia), Fajtshoj (Fabkis) thiab lwm qhov chaw. Li hais los tau ua rau Hmoob nyob tsis ruaj chaw thiab Hmoob cov lus haiv poob lawm ntau vim plam tu ncua fab tub txawg ntxhais ntse los tsim Hmoob ntawv thiab ceev zwm Hmoob tej lus cia. Kwvyees li 30% (feempua) ntawm Hmoob cov lus ces yog hais txuam yuaj daws los ntawm cov lus haiv uas Hmoob tau los mus nyob nrog.

Raws li tuskheej tau ntsuam tshawb xam pom Hmoob tsoom xeeb leej xeeb ntxwv feem coob uas niam txiv tau coj tuaj nyob rau Ntujtiagliasyajtshoj losyog lwm tebchaws tau ntau dua 20 lub xyoo mas vij yog tias, lawv tau plam poob Hmoob lus lawm ntau thiab ntawv Hmoob los tsis txawj. Tej no tau ua rau tuskheej chivfab mob siab tsim sau phau ntawv "**WB YOG HMOOB XYAUM NYEEM 1**" no npaj txhawm rau tej minyuam uas tseem xav tias nws/lawv tseem yog Hmoob tau kawm thiab ceev tseg ua puavpheej keebpuam.

Nyeem pom yam twg sau tau zoo muaj qab ntxhiab, ho txhawb qhuas kom tus tsim yim huab muaj siab. Yog pom toom twg sau tau tsis zoo ho txhob nroo chim, ib lub lajlim pauv tsis tau 10 lub tswvyim, yeej meem sib pab kho txhim, yim coob yim muaj txajntsim. Nco tias, "txawj ntse mus txog, uake yog zog".

Ntxiv no, tuskheej tau nyeem thiab txhom qiv lus thaum tsimnyog los ntawm English Hmong phrasebook with useful wordlist, center for applied linguistics. Uake no, thov uatsaug rau Txiv Plig Nyiaj Pov (Fr.Yves Bertrais) uas yog tus tsim peb li Ntawv Hmoob Latees thiab ib tsoom kwvtij phoojywq uas sawdaws tau siv caij thiab lajlim nrog nyeem kho txhim phau ntawv txog rau duas peem tsheej tiav.

## Cov tsiaj ntawv txiv 56 tus

Tab	c	d	f	h	k	l	m	n	p
q	r	s	t	v	x	y	z		

Txooj 2	ch	dh	hl	hm	hn	kh	ml	nc
nk	np	nq	nr	nt	ny	ph	pl	
qh	rh	th	ts	tx	xy			

hml	hny	nqh	nch	nkh	nph	npl
nth	nrh	nts	ntx	plh	tsh	txh
nph	ntsh	ntxh				

### Cim

b m j v (d) – s g

### Cov tsiaj ntawv niam

A E I O U W AU AW UA IA AI OO EE

## TSIAJ NTAWV

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### TSIAJ NTAWV NIAM

A	E	I	O	U	W	AU	AW	UA	IA	AI	OO	EE
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### TSIAJ NTAWV CIM

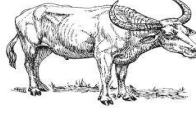
Cim siab	Cim niam	Cim ntuj	Cim kuv/tod	-	Cim mus	Cim neeg
B	M	J	V/D	-	S	G

### TSIAJ NTAWV NIAM & CIM

ab	am	aj	av (d)	a	as	ag
eb	em	ej	ev (d)	e	es	eg
ib	im	ij	iv (d)	i	is	ig
ob	om	oj	ov (d)	o	os	og
ub	um	uj	uv (d)	u	us	ug
wb	wm	wj	wv (d)	w	ws	wg
aub	aum	auj	auv (d)	au	aus	aug
awb	awm	awj	awv (d)	aw	aws	awg
uab	uam	uaj	uav (d)	ua	uas	uag
iab	iam	iaj	iav (d)	ia	ias	iag
aib	aim	aij	aiv (d)	ai	ais	aig
oob	oom	ooj	oov (d)	oo	oos	oog
eeb	eem	eej	eev (d)	ee	ees	eeg

## TSIAJ NTAWV TXIV TAB 17 TUS

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<b>X - xauv</b>	<b>Y - yias</b>	<b>Q - qav</b>	<b>V - vas</b>
			
<b>N - noog</b>	<b>R - riam</b>	<b>Z - zaj</b>	<b>T - twm</b>
			
<b>L - liab</b>	<b>S - suab</b>	<b>C - cos</b>	<b>P - paj</b>
			
<b>H - haus</b>	<b>K - kaus</b>	<b>M - miv</b>	<b>D - dev</b>
			
<b>F - fwj</b>			

**C - cos**

Cob	Com	Coj	Cov	Co	<b>Cos</b>	Cog
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Ceeb tuav cos.

Tus cav cos co.

Ceeb tuav cos ceev ceev.

Ceeb tuav cos cuaj caum cuaj zaug.

**C – Ceeb cim tus cav cos cia!**



## D - dev

Deb	Dem	Dej	<b>Dev</b>	De	Des	Deg
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Dee tus dev.

Dev dub doog.

Ceeb pom Dee muab dev da dej.

Dee ua tus dev dim.

**D – Dev dub doog diam!**



## F – fwj

Fwb	Fwm	<b>Fwj</b>	Fwv	Fw	Fws	Fwg
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Foom fwj dej.

Foom faus lub fwj.

Foom fiav fwj fij fij fuj fuj.

Foom fawb Foom fwj dej.

**F – Foom fawb fawv fo!**



## **H - haus**

Haub	Haum	Hauj	Hauv	Hau	<b>Haus</b>	Haug
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Huab hub dej.

Huab haus dej.

Huab haus huv huv.

Hwm pom Huab Hwm luag haj haj.

**H – Huab luag his his has has!**



## K - kaus

Kaub	Kaum	Kauj	Kauv	Kau	<b>Kaus</b>	Kaug
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Keeb kwv kaus.

Kaus kim kawg kiag.

Keeb kov kov Keeb lub kaus.

Ko kaus kob kub.

**K – Keeb kwv kaus kob kub!**



## L - liab

<b>Liab</b>	Liam	Liaj	Liav	Lia	Lias	Liag
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Tus liab loj.

Tus liab luag luag.

Lab pom liab los tim Lab teb.

Lab lawv loo tus liab qab.

**L – Liab loj loj los tom Lab lawv teb!**



## M - miv

Mib	Mim	Mij	<b>Miv</b>	Mi	Mis	Mig
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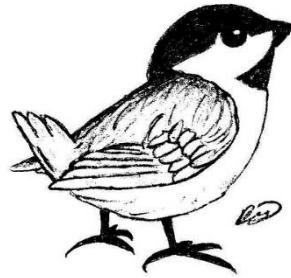
Muas tus miv.

Miv maub mus maub los.

Muas muab mov miv noj.

Muas muaj miv muag.

**M – Muas muaj miv loj miv me!**



## N - noog

Noob	Noom	Nooj	Noov	Noo	Noos	<b>Noog</b>
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Nuj tus noog.

No no tus noog.

Noog noj noob dib.

Nuj muag Nuj tus noog rau Num.

**N – Nim no Num Yug Nuj tus noog!**



## P - paj

Pab	Pam	<b>Paj</b>	Pav	Pa	Pas	Pag
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Lub paj liab.

Pees tuaj pom nws.

Pees de lub paj los pav.

Paib pom Pees Paib xav xav.

**P – Paib pom Pees lub paj!**



## **Q - qav**

Qab	Qam	Qaj	<b>Qav</b>	Qa	Qas	Qag
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Qav quaj qig qag.

Qav ua luam dej.

Qav quaj qig qog.

Qav qab kawg kiag.

**Q– Qav quaj qog qees!**



## R - riam

Riab	<b>Riam</b>	Riaj	Riav	Ria	Rias	Riag
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Rab riam dawb.

Rab riam raug tes.

Riam raug Riam taw.

Riam dua ris.

**R– Riam dua Riam ris rig reg!**



Suab	Suam	Suaj	Suav	Sua	Suas	Suag
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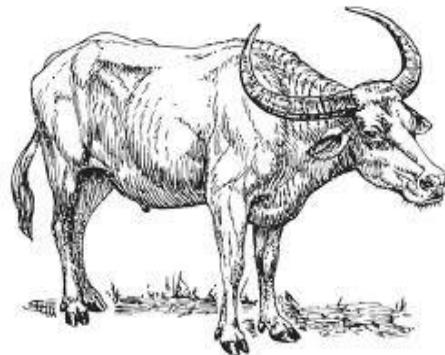
Suab hav zoov.

Suab muaj rau qee suam.

Muaj suab soob suab loj.

Tej laus siv suab pua zes qaib.

**S – Suab toj siab suab hav zoov!**



## T - twm

Twb	<b>Twm</b>	Twj	Twv	Tw	Tws	Twg
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Ib tug twm.

Twm tus tw.

Tuav twm tw.

Twm tib tuam tuaj.

**T – Tuam tuav twm tus tw!**



## V - vas

Vab	Vam	Vaj	Vav	Va	<b>Vas</b>	Vag
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Lub vas.

Vwj tib cuam lub vas.

Vas mag tau ib tug vaub kib.

Peb sawv vij vog Vwj.

**V - Vij vog Vwj tus vaub kib!**



## X - xauv

Xaub	Xaum	Xauj	<b>Xauv</b>	Xau	Xaus	Xaug
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Lub voj xauv.

Xauv xoob xem xem.

Xia pom Xia xauj xauj.

Xia xav xav Xia xuas kab.

**X - Xia lub xauv xem xem xeb xeb!**



## Y - yias

Yiab	Yiam	Yiaj	Yiav	Yia	<b>Yias</b>	Yiag
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Yias kib zaub.

Lub yias yeej.

Yaj pom Yaj yws yws.

Yaj yim saib yim xav yuav.

**Y - Yaj yuav lub yias yeej yeej!**



## Z - zaj

Zab	Zam	Zaj	Zav	Za	Zas	Zag
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Zab pom zaj.

Zaj ua luam dej.

Zab zas zas zij zij.

Zab saib zaj zoo zoo.

**Z - Zab pom zaj zeg!**



## XYAUM

Sau tus zauv kom raug rau tus tsiaj ntawv txiv, sau lo lus thiab muab nws sau ua ib sob lus.

C				Q			
D				R			
F				S			
H				T			
K				V			
L				X			
M				Y			
N				Z			
P							

## TSIAJ NTAWV TXIV TXOOJ 2 (22 TUS)

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<b>Ph - phom</b>	<b>Pl - plas</b>	<b>Hl - hlua</b>	<b>Ch - choj</b>	<b>Hm - hmuv</b>
				
<b>Hn - hnub</b>	<b>Ny - nyuj</b>	<b>Kh - khau</b>	<b>Qh - qhiav</b>	<b>Ml - mlom</b>
				
<b>Rh - rho</b>	<b>Nc - nceb</b>	<b>Nt - ntaiv</b>	<b>Nk - nkoj</b>	<b>Xy - xyoob</b>
				
<b>Np - npua</b>	<b>Th - thoob</b>	<b>Nq - nquab</b>	<b>Tx - txiab</b>	<b>Ts - tsov</b>
				
<b>Nr - nruas</b>	<b>Dh - dhia</b>			



## **CH - choj**

Chob	Chom	<b>Choj</b>	Chov	Cho	Chos	Chog
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Tus choj ntoo.

Choo tuam choj hla dej.

Choo cheb tus choj du lug.

Hauv qab choj neeg chaws mus chaws los.

**Ch - Chim tsis tsis rooj tog, cuab yeej tsis paub txog!**



## **DH - dhia**

Dhiab	Dhiam	Dhiaj	Dhiav	<b>Dhia</b>	Dhias	dhiag
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Dhia hlua.

Cheeb xyaum dhia hlua.

Nws fiav txoj hlua dhau mus dhau los.

Thaum dhia dhuav yawg kuj zaum so.

**Dh – Dhuav hnov tsw quav, hlub txaus tsis xav yuav!**



## **HL – hlua**

Hluab	Hluam	Hluaj	Hluav	<b>Hlua</b>	Hluas	Hluag
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Txoj hlua.

Hlob txoj hlua khi nyuj hau.

Nws ruaj npaum hlua hlau.

Thaum khi tau ceeb laj hle dhau.

**HI – Hla dej hle khau, tsiv tebchaws hle hau!**



## **HM - hmuv**

Hmub	Hmum	Hmuj	<b>Hmuv</b>	Hmu	Hmus	Hmug
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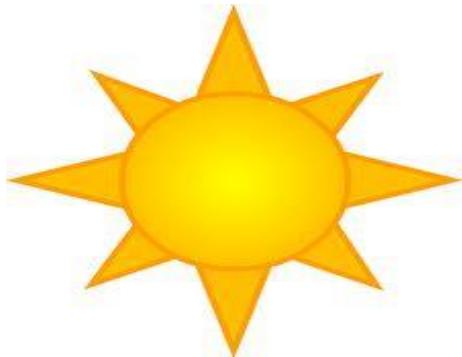
Tus hmuv hlau.

Hmuv nkaug hma.

Hmuv zuag phomsij.

Hmoob tus hmuv lij.

**Hm – Hmoob yog ib tug, phem zoo ciaj tuag sib pug!**



## **HN - hnub**

<b>Hnub</b>	Hnum	Hnuj	Hnuv	Hnu	Hnus	Hnug
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Hnub ci iab.

Lub hnub liab.

Sab hnub tuaj.

Sab hnub poob.

**Hn – Hnub no tseeb tag kis cuav, tom ntej zoo li npau suav!**



## **KH - khau**

Khaub	Khaum	Khauj	Khauv	<b>Khau</b>	Khaus	Khaug
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Khw muag khau.

Khau luij siab.

Khau sibtw khiav.

Khau khiab khau looj.

**Kh – Khwv ciaj tuag, tsis txaus kwv noj pluag!**



## **ML - mlom**

Mlob	<b>MLom</b>	Mloj	Mlov	Mlo	Mlos	Mlog
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Tus mlom puab.

Tsoo mlom mluav.

Mlom zaum quav tes quav taw.

Mlom tsim tseg teev hawm.

**MI – MLom tsim teev hawm, ntawv Hmoob tsim cia kawm!**



## NC - nceb

<b>Nceb</b>	Ncem	Ncej	Ncev	Nce	Nces	Nceg
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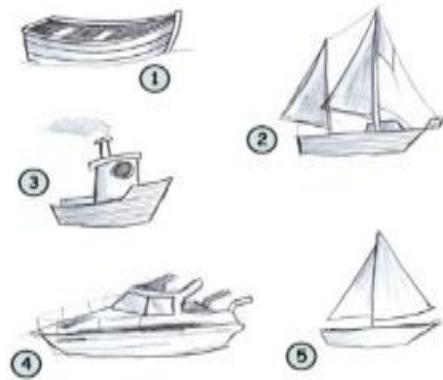
Ua luam nceb.

Nceb vaug nceb qe.

Ncawb ncav de nceb.

Ncawb ncab ncab cev.

**Nc – Noj nceb taug cav, yuav poj txiv xaiv neej tsav!**



## NK - nkøj

Nkob	Nkom	<b>Nkoj</b>	Nkov	Nko	Nkos	Nkog
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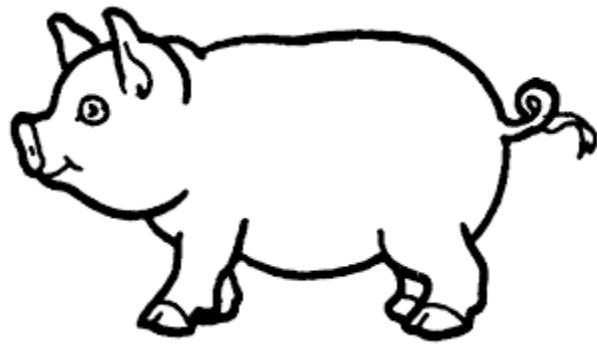
Nkoj loj nkøj me.

Nkaj cov nkøj deg.

Nkaj laus nkoos los tseem khiav nkøj.

Nkaj nka nka los tsis lam nkees.

**Nk – Nkees so, hlub txaus tsis lam tso!**



## NP - npua

Npuab	Npuam	Npuaj	Npuav	<b>Npua</b>	Npuas	Npuag
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Las npua dawb.

Npauj tab tom pub npua.

Npauj npaj tu tus las npua los noj tsiab.

Npua rog nyob nram nkuaj.

**Np – Npua rog nyob nkuaj, nyiaj txiag nyob qab tsuas qhuav!**



## **NQ - nquab**

<b>Nquab</b>	Nquam	Nquaj	Nquav	Nqua	Nquas	Nquag
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Lau nquab nyeg.

Nqaim muaj ib tug nquab.

Nqaim nquag pub nws tus nquab.

Npuag pom Nqaim tu nws tus nquab.

**Nq – Pom nquab ya tsis pom nquab zes!**



## **NR - nruas**

Nruab	Nruam	Nruaj	Nruav	Nrua	<b>Nruas</b>	Nruag
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Lub nruas tooj.

Ntaus nruas nroo.

Ntaus nruas nrawm nroos.

Lub nruas nrib pleb.

**Nr – Nruas hnov nruas to qhov, qeej hnov qeej nrov!**



## NT - ntaiv

Ntaib	Ntaim	Ntaij	<b>Ntaiv</b>	Ntai	Ntais	Ntaig
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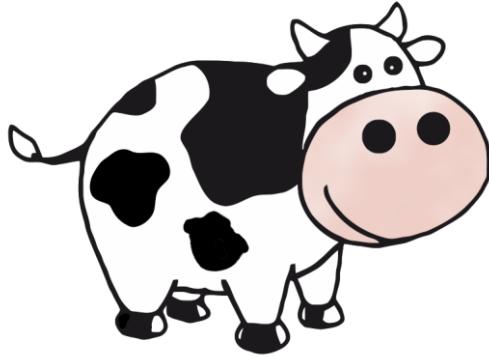
Tus ntaiv qib.

Ntaj tus ntaiv peb theem.

Ntaj nce ntaiv mus muab xub ntab.

Ntab plev Ntaj thiab ntaiv vau tais Ntaj tes.

**Nt – Ntov ntoo saib ceg khaub, ncauj nrawm tau plaub!**



## **NY - nyuj**

Nyub	Nyum	<b>Nyuj</b>	Nyuv	Nyu	Nyus	Nyug
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Tus nyuj maum.

Nyiaj tu tus nyuj mis.

Nyab Nyiaj coj nyuj mus noj nyom.

Maum nyuj tab tom xeeb nyuj nyuag.

**Ny - Nyuj khav hau kub, neeg tais caus khav ntug cub!**



## **PH - phom**

Phob	<b>Phom</b>	Phoj	Phov	Pho	Phos	Phog
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Rab phom raj.

Pheej pheeb rab phom cia.

Rab phom raj raug phiaj zoo.

Pheej muab phuam ntub roj so phom tsis tseg.

**Ph - Phom ncaj raug phiaj, neeg ncaj siab tus tiaj!**



## **PL - plas**

Plab	Plam	Plaj	Play	Pla	<b>Plas</b>	Plag
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Plas taub laub.

Plas ob tug kub plaub.

Plas plim pliaj saum ntuj.

Plas plag su.

**PI – Plees nkauj nraum daj tsis dhuav, yus quav tsw tsis ntuav!**



## **QH - qhiav**

Qhiab	Qhiam	Qhiaj	<b>Qhiav</b>	Qhia	Qhias	Qhiag
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Yav qhiav laus.

Qha khawb qhiav.

Qha muab qhiav qha.

Qhiav laus qhiav kim.

**Qh – Qhiav laus kim, neeg laus tejlim!**



## RH - rho

Rhob	Rhom	Rhoj	Rhov	<b>Rho</b>	Rhos	Rhog
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Rho tsob nroj.

Rho nroj rhaub haus.

Rhia rho kom tau lub hauv paus.

Rhia rhuav kom tau cov cag xaus.

**Rh – Rho rho kiag cag, txov txov kom tag!**



## TH - thoob

<b>Thoob</b>	Thoom	Thooj	Thoov	Thoo	Thoos	Thoog
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Thoob nqa dej.

Thaib tab tom theej dej.

Thaj pom Thaib muab tus tes thoob theev.

Lub thoob thi kav theej.

**Th - Thoob dej tsis xyuas yuav phwj, toob xib tsis noj yuav lwj!**



## TS - tsov

Tsob	Tsom	Tsoj	<b>Tsov</b>	Tso	Tsos	Tsog
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Tsov txaij nraum.

Tswb pom tsov coj nyuag.

Tswb tsa hlo phom yuav tua.

Tsab cheem Tswb kom tso tseg.

**Ts - Tsov zas zis tsis sib dua, tib neeg tsis haum los tsis sib tua!**



## TX - txiab

Txiab	Txiam	Txiaj	Txiav	Txia	Txias	Txiag
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Txiab txiav ntawv.

Txam muaj ntau hom txiab.

Txam txib Suam mus muab cov txiab saum txee.

Suam ua xyem xyav Suam txiav txiav muag.

**Tx – Txoj kev hhub zoo qab li suab thaj, phem iab cuag tsib nraj!**



## **XY - xyoob**

<b>Xyoob</b>	Xyoom	Xyooj	Xyoov	Xyoo	Xyoos	Xyoog
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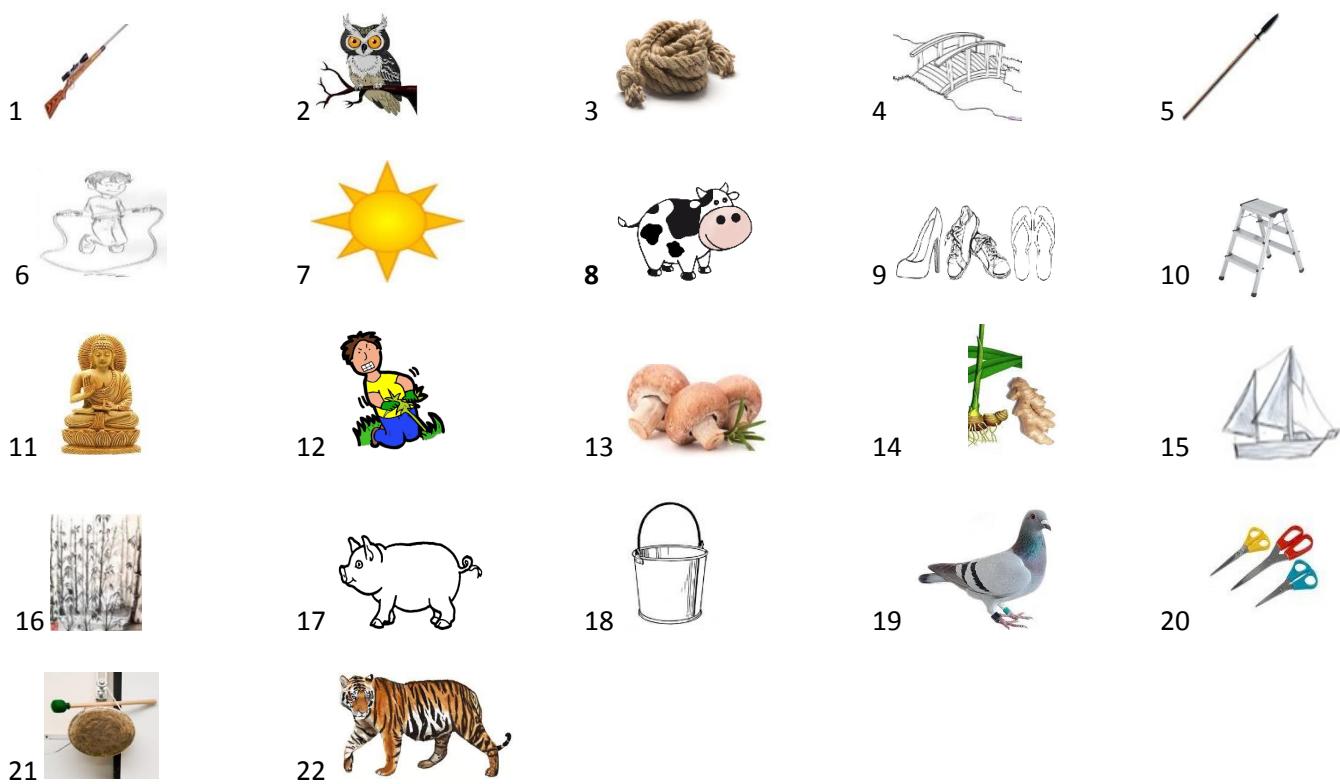
Plas xyoob yiag.

Xyooj plas xyoob tuam tswm.

Xyooj tso neeg xyuas dhau dhev.

Txiv xyoob txi thawm xyoo.

**Xy – Xyoob ntoo hlav loj, vim zoo dej cag mem toj!**



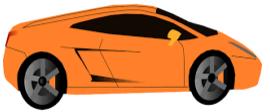
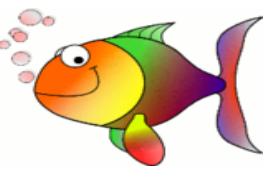
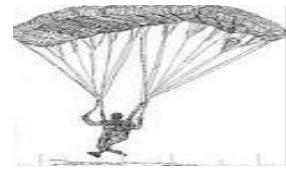
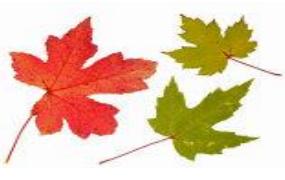
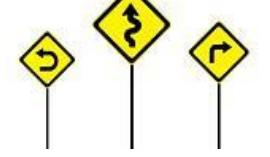
## XYAUM

Sau tus zuuv kom ncaj rau tus tsiaj ntawv txiv, sau lo lus thiab muab nws sau ua ib sob lus.

TS				KH			
TH				NC			
QH				NK			
NT				HM			
XY				HL			
TX				HN			
RH				ML			
CH				NQ			
PL				NP			
DH				NR			
PH				NY			

## TSIAJ NTAWV TXIV TXOOJ 3 (14 TUS)

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Txh - txhaum	Tsh - tsheb	Plh - plhaub	Ntx - ntxuam
			
Nts - ntse	Nrh - nrhoob	Nth - nthuav	Npl - nplooj
			
Nph - npwoo	Nkh - nkhaus	Nch - ncho	Nqh - nqhis
			
Hny - hnyav	Hml - Hmlos		



## **Hml - hmlos**

Hmlob	Hmlom	Hmloj	Hmlov	Hmlo	<b>Hmlos</b>	Hmlog
-------	-------	-------	-------	------	--------------	-------

Khob txhuas hmlos.

Hmlawb ua lub khob txhuas dej qab zib hmlos.

Hmlawb quaj hmluj hmlav.

Hmlawb yawg pom txawm coj los tsoo tsoo.

**Hml – Hmlos vim tsoo, sawv tsis ntseg vim txoj hmoo!**



## **Hny - hnyav**

Hnyab	Hnyam	Hnyaj	<b>Hnyav</b>	Hnya	Hnyas	Hnyag
-------	-------	-------	--------------	------	-------	-------

Hnyav kawg kiag.

Tejlim ev ib thawv kub hnyav tiag tiag.

Hnyav hnyav xa yawg hnya tas.

Nws hnyos hnyos tias hnyav ua tiag nqa.

**Hny – Hnyav sib teg nqa, hlub txij nkawm ti txha!**



## Nqh - nqhis

Nqhib	Nqhim	Nqhij	Nqhiv	Nqli	<b>Nqhis</b>	Nqhig
-------	-------	-------	-------	------	--------------	-------

Nqhis nqhis dej.

Nquab nqhis dej uab ncaug si laim.

Yim haus Nquab yim nqhis.

Haus kum yees siab thiaj nqig.

**Nqh – Tus nqhis yuav tuag, tus noj ntuav tsig tsuag!**



## Nch - ncho

Nchob	Nchom	Nchoj	Nchov	<b>Ncho</b>	Nchos	Nchog
-------	-------	-------	-------	-------------	-------	-------

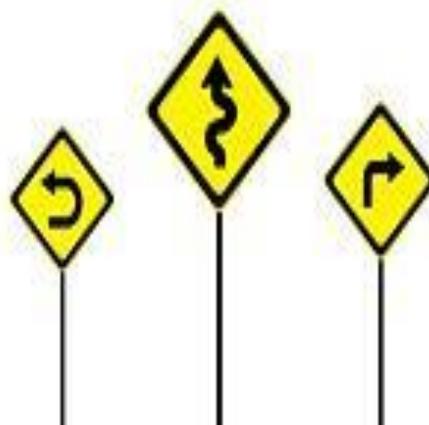
Ncho pa loj.

Nchai pom toj kub hnyiab ncho oov niab.

Nchai tsuj ncaig Nchai nchos nchos.

Toj kub ncho nrov ncha zej zog.

**Nch – Ncha li xob quaj, zoo npaum hauv zoo tshuaj!**



## Nkh - nkhaus

Nkhaub	Nkhaum	Nkhauj	Nkhauv	Nkhau	<b>Nkhaus</b>	Nkhaug
--------	--------	--------	--------	-------	---------------	--------

Phiaj qhia kev nkhaus.

Kev nkhaus nib nkhaus nom.

Nce toj nqis hav nkhaus nkhab nkhaus nkheev.

Xyuamxim tsam tsheb sib tsoo nkij nkhooj.

**Nkh – Taws nkhaus tsiv rauv neeg nkhaus tsiv lus!**



## **Nph - nphoo**

Nphoob	Nphoom	Nphooj	Nphoov	<b>Nphoo</b>	Nphoos	Nphoog
--------	--------	--------	--------	--------------	--------	--------

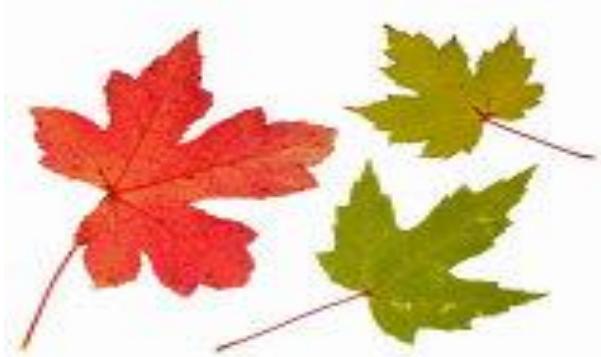
Nphoo tshuaj ntsaum.

Nphuab nphoo hmoov tshuaj rau tsob txiv.

Kab ntsaum nphav tsis dim.

Ib puag ncig nphob xuav.

**Nph – Nphoos yog nruas nrov, nphooj yog sib txov!**



## Npl - nplooj

Nploob	Nploom	<b>Nplooj</b>	Nploov	Nploo	Nploos	Nploog
--------	--------	---------------	--------	-------	--------	--------

Nplooj ntoo zeeg.

Cua nplawm nplooj zeeg khee kawv.

Ceevfaj nplooj nplua taw.

Nplooj qhuav nplooj nploj kob.

**Npl – Nplooj tsis yog npuag, Mab tsis yog kwv luag!**



## Nth - nthuav

Nthuab	Nthuam	Nthuaj	<b>Nthuav</b>	Nthua	Nthuas	Nthuag
--------	--------	--------	---------------	-------	--------	--------

Lub kaus nthuav.

Peeb zeej nthos kaus nthuav.

Kaus poob nthawv nthav.

Nthwv cua nplawm lub kaus ya.

**Nth – Nthuav Hmoob txuj kom ncha nto ntuj!**



## **Nrh - nrhoob**

<b>Nrhaob</b>	Nrhoom	Nrhooj	Nrhoov	Nrhoo	Nrhoos	Nrhoog
---------------	--------	--------	--------	-------	--------	--------

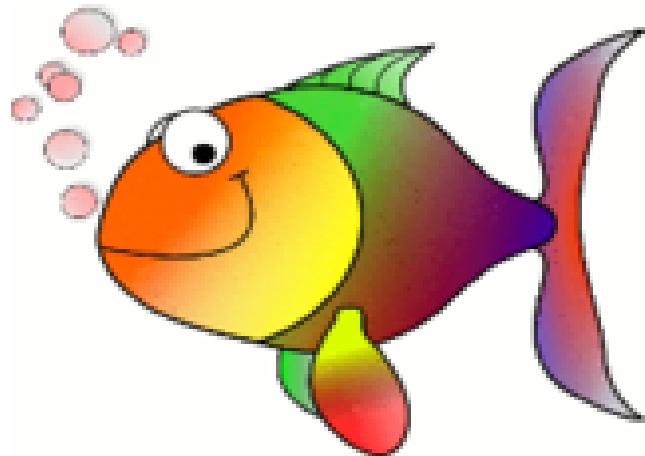
Rau nkawm nrhoob.

Rau nrhoob nqaum paj nqaum nruas.

Nrhia lawv rau nrhoob sawv nres nruj nrheev.

Lawv hais kwvtxhiaj tu nrhawv nrho.

**Nrh – Nrhiav nyiaj txiag ua ntej tus puag xwb ntiag!**



## **Nts - ntses**

Ntseb	Ntsem	Ntsej	Ntsev	Ntse	<b>Ntses</b>	Ntseg
-------	-------	-------	-------	------	--------------	-------

Ntses hiav txwv.

Nrog ntses sib ntswg.

Ntsuab nuv tau ib tug ntses.

Ntsia ntsoov Ntsuab ke kauv ke nres.

**Nts – Ntse kom luag hwm, ruam nyob twj ywm!**



## Ntx - ntxuam

Ntxuab	<b>Ntxuam</b>	Ntxuaj	Ntxuav	Ntxua	Ntxuas	Ntxuag
--------	---------------	--------	--------	-------	--------	--------

Rab ntxuam ntxaij.

Sov siv ntxuam ntxuam cua.

Cua tuaj ntxuj ntxiag.

Ntxuam ntxeev fawv fo.

**Ntx – Ntxub kom kawg, txov kom tau txiv yawg!**



## **Plh – plhaub**

<b>Plhaub</b>	Plhaum	Plhauj	Plhauv	Plhau	Plhaus	Plhaug
---------------	--------	--------	--------	-------	--------	--------

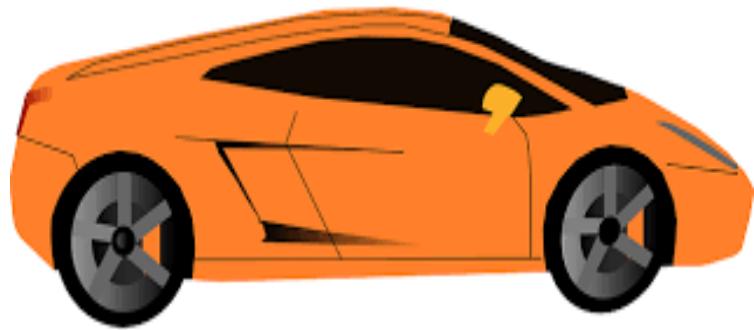
Lub plhaub ques.

Lub qe poob nrov plhoj.

Plhaub ques nyias ntsais.

Ntxawg muab nws plhws plhws.

**Plh – Plhom moj tuag nruab deg,  
txivneej tuag pojniam ob ceg!**



## Tsh - tsheb

Tsheb	Tshem	Tshej	Tshev	Tshe	Tshes	Tsheg
-------	-------	-------	-------	------	-------	-------

Tsheb kob daj.

Tshwm lub tsheb tshiab.

Tshwm yuav ntawm Tshuaj los.

Yawg tseem tshuav Tshuaj nqi.

**Tsh – Tshiab yus qub luag!**



## **Txh - txhaum**

Txhaub	<b>Txhaum</b>	Txhauj	Txhauv	Txhau	Txhaus	Txhaug
--------	---------------	--------	--------	-------	--------	--------

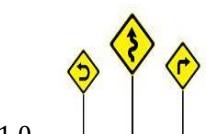
Rab txhaum pluav.

Txhiaj rab txhaum ko ntoo.

Txhiaj txhuam Txheej cov nyiaj.

Yawg txhuam txhav txhav.

**Txh - Txhob qhuas yus do pliaj zoo nraug,  
yog ntse ncaj nrhiav kev Hmoob taug!**

1. 
2. 
3. 
4. 
5. 
6. 
7. 
8. 
9. 
10. 
11. 
12. 
13. 
14. 

## XYAUM

Sau tus zauv kom ncaj rau tus tsiaj ntawv txiv, sau los lus thiab muab nws sau ua sob lus.

HML				PLH			
HNY				NTX			
NQH				NTS			
NCH				NRH			
NKH				NTH			
NPH				TXH			
NPL				TSH			

## TSIAJ NTAWV TXIV TXOOJ 4 (3 TUS)

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Nplh - nplhaib



Ntsh - ntshai



Ntxh - ntxhw



## **Nplh - nplhaib**

<b>Nplhaib</b>	Nplhaim	Nplhaij	Nplhaiv	Nplhai	Nplhais	Nplhaig
----------------	---------	---------	---------	--------	---------	---------

Nplhaib nyiaj cuav.

Ntxhi npaj nws lub nplhaib sib yuav.

Nplhaib nplhaus nplhiv nplhaus nplho.

Lub nplhaib poob nrov nplhoj.

**Nplh – Nplhaus li qhov nplhaus nplhiv,  
tshiab li txwg niam txiv!**



## **Ntsh - ntshai**

Ntshaib	Ntshaim	Ntshaij	Ntshaiv	<b>Ntshai</b>	Ntshais	Ntshaig
---------	---------	---------	---------	---------------	---------	---------

Ceeb ntshai tag.

Ntshiab pom ntshauv.

Ntshiab ntshai qw hlob qw yau.

Yawg quaj ntshoo laws.

**Ntsh – Nim no Hmoob ntshaw kev ncaj ncees,  
thaum ub Hmoob ntshaw txiv nees!**



## **Ntxh - ntxhw**

Ntxhwb	Ntxhwm	Ntxhwj	Ntxhwv	<b>Ntxhw</b>	Ntxhws	Ntxhwg
--------	--------	--------	--------	--------------	--------	--------

Ntxhw ntsej luaj ntxuam.

Ntxhw nkaum qhov ntxhov.

Ntxhw hnov ntxhiab.

Ntxhw cev plaub ntxhib.

**Ntxh – Ntxhw zoo ntawm kaus cov txwv ntev,  
tibneeg zoo los ntawm tu cev!**

1.



2.



3.



## XYAUM

---

Sau tus zauv kom ncaj rau tus tsiaj ntawv txiv, sau lo lus thiab siv nws sau ua sob lus.

NTXH			
NPLH			
NTSH			

## QHIA SUAV

---

1, 0 0, 0, 0, 0, 0, 0  
Roob ntsuab vam txheeb pua caum cuaj

1 ib	2 ob	3 peb	4 plaub	5 tsib	6 rau
7 xya	8 yim	9 cuaj	10 <b>kaum</b>	11 kaum ib	12 kaum ob
13 kaum peb	14 kaum plaub	15 kaum tsib	16 kaum rau	17 kaum xya	18 kaum yim
19 kaum cuaj	<b>20 nees nkaum</b>	21 nees nkaum ib	22 nees nkaum ob	23 nees nkaum peb	24 nees nkaum plaub
25 nees nkaum tsib	26 nees nkaum rau	27 nees nkaum xya	28 nees nkaum yim	29 nees nkaum cuaj	<b>30 Peb caug</b>
<b>40 Plaub caug</b>	<b>50 Tsib caug</b>	<b>60 Rau caum</b>	<b>70 Xya caum</b>	<b>80 Yim caum</b>	<b>90 Cuaj caum</b>
<b>100 Ib puas</b>	<b>200 Ob puas</b>	<b>300 Peb puas</b>	<b>400 Plaub puas</b>	<b>500 Tsib puas</b>	<b>600 Rau pua</b>
<b>700 Xya pua</b>	<b>800 Yim pua</b>	<b>900 Cuaj pua</b>	<b>1,000 Ib txhiab</b>	<b>2,000 Ob txhiab</b>	<b>3,000 Peb txhiab</b>
<b>4,000 Plaub txhiab</b>	<b>5,000 Tsib txhiab</b>	<b>6,000 Rau txhiab</b>	<b>7,000 Xya txhiab</b>	<b>8,000 Yim txhiab</b>	<b>9,000 Cuaj txhiab</b>

1,220 <b>Ib txhiab ob puas nees nkaum</b>	2,340 <b>Ob txhiab peb puas plaub caug</b>	3,555 <b>Peb txhiab tsib puas tsib caug tsib</b>	5,500 <b>Tsib txhiab tsib puas</b>	6,001 <b>Rau txhiab ib</b>	7,010 <b>Xya txhiab kaum</b>
10,000 <b>Kaum txhiab (ib vam)</b>	100, 000 <b>Ib puas txhiab (kaum vam)</b>	1,000,000 <b>Ib roob (ib puas vam)</b>	0 <b>Voj (ntxaiv/qe qaum)</b>		

Muab los ntawm Lis Txais Vibnais

## XYAUM

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### A. Sau tus zauv kom raug.

1	Ib vam ob	
2	Tsib txhiab tsib	
3	Ib puas nees nkaum txhiab	
4	Xya txhiab tsib puas tsib caug tsib	
5	Cuaj pua ib	
6	Ib roob thiab yim vam	

### B. Sau lo lus kom raug tus zauv.

1	87	
2	369	
3	1020	
4	4503	
5	10200	
6	1 700 000	

---

## **HNUB HAUV LIMPIAM/TIAM (TXOOJKAWM)**

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**1 txoojkawm (limpiam/tiam) = 7 hnub**

Zwj 1 (Monday)  
 Zwj 2 (Tuesday)  
 Zwj 3 (Wednesday)  
 Zwj 4 (Thursday)  
 Zwj 5 (Friday)  
 Zwj 6 (Saturday)  
 Zwjcim (Sunday)

## **HLI HAUV XYOO**

---

**1 hlis = 30 hnub**  
**1 xyoos = 12 hlis**  
**1 xyoos = 365 hnub**

Ib hlis (January)  
 Ob hlis (February)  
 Peb hlis (March)  
 Plaub hlis (April)  
 Tsib hlis (May)  
 Rau hli (June)  
 Xya hli (July)  
 Yim hli (August)  
 Cuaj hli (September)  
 Kaum hli (October)  
 Kaum ib hlis (November)  
 Kaum ob hlis (December)

## **SIJ/SIJHAWM/TEEV (TIME) LUBSIJ/THAVPHEEJ (WATCH)**

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60 ncig = 1 feeb

60 feeb = 1 sij/teev

1 hnub = 24 sij/teev



2 sij/teev tshuav 10 (tshuav 10 txog 2 sij).    11 sij/teev mus 40 thiab 20 ncig.



11 sij/teev mus 5 feeb thiab 25 ncig.

5 sij/teev mus 5 feeb thiab 22 ncig.

# XYAUM

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Tsawg sij/teev lawm?

A. ....



B. ....



C. ....



D. ....



E. ....



F. ....



## KOB (TSOS)

---

	Dawb
	Xiav
	Daj
	Kab ntxwv
	Liab
	Ntsuab
	Paj yeeb
	Dub

## **NKAUJ/YASUAB**

---

Yuav sau kom tau zaj nkauj muaj kuab thiab lom zem uas tsis hais leej twg yog tias nws tau mloog thiab nyeem lawd yuav ua rau nws rov xav hnov thiab twm dua mas tsis yoojyim. Cov nkauj nram hav no tsuas sau li tus tsim rab peevxwm thiab lub siab nyiam tsum xwb.

### **Mus kawm Hmoob txuj (1)**

Me nyuam Hmoob (2x)  
 Los peb mus kawm Hmoob txuj  
 Txhawb Hmoob npe kom ncha nto ntuj  
 Los peb mus kawm Hmoob ci  
 Txhawb Hmoob npe kom ncha nto ntsis

Me nyuam Hmoob (2x)  
 Los peb mus kawm Hmoob lus  
 Txhawb Hmoob npe rau sawdaws hu

### **Los tuav tes (2)**

1, 2, 3, 4, 5, 6, peb sawdaws los sib sau  
 Tsis txhob sib ceg tsis txhob sib ntaus  
 Los tuav tes YOG KAWG (3X)

### **Ob tug hma (3)**

Ob tug hma (2x)  
 Dhia ceev ceev (2x)  
 Ib tug tsis muaj pob ntseg  
 Ib tug tsis muaj ko tw  
 Cas txawv ua luaj (2x)

### **Thaum sawv tsees (4)**

Thaum sawv tsees los ntxhuav qhov muag txhuam kaus hniav  
 Ib hnub txhuam ob zaug  
 Txhuam nce toj txhuam nqis hav  
 Cov kaus hniav thiaj tsis lwj kas (2X)

### **Zoo siab hnub Yug (5)**

Zoo siab hnub Yug koj (3x)  
 Zoo siab (3x)  
 Luag los mab! Hib! Hib! Luag los mab! Haj! Haj!

**Ob tug os {2x} (6)**

Ob tug mi nyuam os  
 Ua luam dej sib raws ntsos nce toj nqis taug  
 Ib tug yog poj ib tug yog lau

**Hnub & hli {2x} (7)**

Thaum lub hnub poob qho  
 Lub hli mam tawm los  
 Nkawv rau siab ntso ci pom kev rau lub ntiaj teb

**Mus nuv ntses (8)**

Phooj ywg!  
 Mus wb mus nuv ntses  
 Koj txhom tus loj kuv txhom tus me  
 Phooj ywg!  
 Mus wb mus nuv ntses  
 Koj txhom tus loj kuv txhom tus me (2x)

**Pem roob & hauv nroog (9)**

Pem toj roob muaj dej tsaws tsag  
 Nas noog quaj qis qag  
 Nyob rau ob cag xyoob ntoo ntsuab xiab  
 Paj tawg oov niab liab cuam dhia nplawg ntia

Nyob rau hauv nroog  
 Tsev muaj pua pua tshooj  
 Tsheb khaiv vig voog  
 Nyob rau hauv nroog  
 Neeg coob coob ua npoij  
 Dav hlau ya yuj mus mus los los

**1 xyoos muaj 12 hlis (10)**

Ib xyoos muaj 12 hlis  
 Los peb sib cog hais thooj txhij

1 hlis, 2 hlis, 3 hlis, 4 hlis, 5 hlis  
 6 hli, 7 hli, 8 hli, 9 hli, 10 hli  
 11 hlis, 12 hlis

Los peb sib cog hais thooj txhij (3x)

## COV LUS KHEEV SIV

---

### Tsevneeg (1)

Txiv  
 Niam  
 Txiv tshiab  
 Niam tshiab  
 Yawm txiv  
 Niam tais  
 Pog  
 Yawg  
 Xeeb ntxwv  
 Minyuam  
 Tub  
 Ntxhais  
 Tub tshiab  
 Ntxhais tshiab  
 Vauv  
 Nyab  
 Tus txiv  
 Tus niam  
 Kwv tij  
 Viv ncaus  
 Tij laug hlob  
 Tij laug yau  
 Muam hlob (niam laus)  
 Muam yau (niam hluas)  
 Kwv tij losyog tus nus koom niam losyog koom txiv (half brother)  
 Viv ncaus losyog tus muam koom niam losyog koom txiv (half sister)

Kwv tij neej tsa txheeb ze (relatives)  
 Txiv ntxawm/txiv hlob/yij laug/dab laug (uncle)  
 Niam ntxawm/niam hlob/phauj/niam dab laug (aunt)  
 Kwv tij thaj kub thaj tim losyog kwv npawg (cousin)

Tij ntxhais kwv ntxhais (niece)  
 Tij tub kwv tub (nephew)

## **Cim phiaj (2) signs**

Nkag  
Tawm  
Thawb  
Rub  
Phomsij  
Chav plob (restroom)  
Chav poj niam  
Chav txiv neej  
Kev tawm phomsij  
Kev tawm hluav taws  
Txwv haus luam yeeb  
Txwv pov quavsw/quavseem (no littering)  
Txwv nkag  
Kob ntub (wet paint)  
Plag tse ntub (wet floor)  
Tso muag (for sale)  
Tso ntiav (for rent)  
Ceev faj dev tom  
Nce  
Nqis  
Theem ntaiv  
Ntaiv hluav taws xob  
Qaum teb  
Qab teb  
Hnub tuaj  
Hnub poob

**Sij hawm/caij nyoog (3)**

Nruab hnub  
 Hmo ntuj  
 Sawv ntxov  
 Tav su  
 Hnub qaij  
 Tsaus ntuj  
 Ncig  
 Feeb  
 Teev/sij  
 Txooj kawm/lim piam  
 Hli  
 Xyoo  
 Hnub no  
 Tag kis  
 Nag hmo  
 Lim piam tom ntej  
 Lim piam kawg  
 Lwm hli  
 Hli kawg  
 Lwm xyoo  
 Xyoo kawg

**Piav txog toob xib thiab tib neeg (4)**

Zoo  
 Phem  
 Tshiab  
 Qub  
 Kub  
 Txias  
 Tuab  
 Nyias  
 Tawv  
 Muag  
 Huv  
 Qias neeg  
 Nrawm  
 Qeeb  
 Deb  
 Ze

Ntev  
Luv  
Laus  
Hluas  
Loj  
Me  
Kim  
Pheej yig  
Siab  
Qis  
Hnyav  
Sib  
Qhuav  
Ntub  
Muaj zog  
Qaug qeb  
Nyuaj  
Yooj yim  
Dav  
Nqaim  
Tob  
Ntiav  
Zoo nkauj  
Phem  
Zoo siab  
Siab zoo  
Paub siab qis  
Xyuam xim  
Ntshai  
Txhawb siab lug/kaj siab lug/cheerful  
Ntse  
Ruam  
Ntseeg siab  
Tsis ntseeg siab  
Siab ntev  
Siab luv  
Ntsoos  
Tsis paub cai/impolite  
Qia dub cuaj khaum/selfish  
Hnyav siab

Nquag  
 Toob nkeeg  
 Tshaib plab  
 Nkees  
 Nqhis dej  
 Tsaug zog  
 Muaj hmoo  
 Pluag  
 Muaj  
 Loj siab  
 Me qis  
 Rog  
 Yuag  
 Chim siab  
 Ncaj ncees  
 Txaj muag  
 Ruam/tsis paub qab hau  
 Siab tsis ntev/impatient  
 Ncaj ncees/fair  
 Mob  
 Zoo  
 Ciaj  
 Tuag  
 Pluag /broke  
 Nplua nuj

### **Kev mob nkeeg (5)**

Mob  
 Ua khaub thus  
 Mob taub hau  
 Mob plab  
 Mob hniav  
 Hnoos  
 Cem quav  
 Mob caj dab  
 Mob xwb pwg  
 Mob caj npab  
 Mob tes  
 Mob ntiv tes  
 Mob hauv siab

Mob ntha plab (abdomen pain)

Mob nraub qaum

Mob ceg

Mob taw

Mob ntiv taw

Mob qhov muag

Mob pob ntseg

Mob qhov ncauj

Mob nplraig

Mob tawv nqaij

Mob pob txha

Mob ntshav siab/qab zib

Mob siab

Mob ntsws

Mob zais zis

### **Hom kws tshuaj (6)**

Kwstxuj kho mob (general doctor)

Kwstxuj kho minyuam yaus (pediatricians)

Kwstxuj fab poj niam (gynecologist)

Kwstxuj yug minyuam (obstetrician)

Kwstxuj phais neeg (surgeon)

Kwstxuj tshuaj (pharmacist)

Kwstxuj rho hniav (dentist)

Kwstxuj kho qhov muag (ophthalmologist)

Kwstxuj kho plawv (cardiologists)

Kwstxuj npliag neeg lub siab kev xav (psychologist)

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**Tus Sau:** Yeejhuam (Vwj) Vajneeb/Tswvkaub Xaivpov Txawjxwm VAJ

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